

Part 10 - 12 Mind Powers Meditations

MEDITATION FOR THE GROWTH OF DIVINE ZEAL IN YOUR LIFE

Zeal is the colour of rose pink, soft and gentle, calming, loving, and full of cleansing hope.

Find yourself a comfortable place in a quiet location. You may sit or lie for the purpose of this meditation. You may play some of your favourite music in the background, or perhaps you will like the Blessings of pure silence. Take several minutes now to relax either by several deep breaths or by any other processes which you are familiar with to quiet your mind. In your own time, imagine, sense or feel that you are in a garden of roses; everywhere the eye can see are roses, hundreds of shades of pink, calming, warming, passionate and hopeful. *'Everything is coming up roses'* 'I AM' sure you have heard. Everything finally looks like it will be okay, and it is already perfect. With the peace that you hold within you now, begin to blend your energies with the pink roses.

Allow the various shades to permeate your wholeness, fulfilling your dream to achieve the goal which you have set yourself to attain even though you may not remember it yet. Cast your mind back to when you were a child, go over your life's visions and memories without emotional attachments and review them. As you were a baby, a young child, a child, a teenager, youth and adult. Look at them through your Power Mind Centers and feel how you have grown into the person you are today. Think of the knowledge, truth and understanding which has now influenced your new perceptions and beliefs on life at this time. Think of the order which has aided in your awareness of Who You really Are - The Sons God.

You are safe because God protects you; this is the Truth. He offers you His Peace because that is Who You are. While you hold the truth close to your heart, there is no need to defend yourself in any circumstance, for in your innocence, in the Power, Strength and Wisdom of Who You Are, you are perfect. See how far you *have* progressed. See now how fear, regardless of its apparent magnitude, has no effect or hold on you. Notice that attack when you do not react has no meaning, therefore, is worthless in your daily affairs. Replace attack with love, offer forgiveness to others and feel the forgiveness for yourself. Stand tall with enthusiasm, honesty, truthfulness, integrity and your natural Zest for life, and you will shine for others to follow your example.

When you are ready and within your own time, make your way back to your familiar world. Remember rosy pink, buy yourself some pink roses, wear something pink, hold something pink whenever you feel a little listless or under the weather, and you will once again remember your hopefulness, remembering Who really Loves You! - YOU and the All That IS!