

## BRIDGING OF CONSCIOUSNESS - 144 ACTIVATION CODE - A VIBRATIONAL RESONANCE OF THE 14 RULES FOR GROUP INITIATION.

Blessings Dear Hearts,

It is time to introduce to you an additional program, that shall conclude the I4 Rules of Group Initiation that if considered and implemented carefully, could be used as an apogee or finale, for the past 140 days of Studying the I4 Rules for Group Initiation. If you are not already aware, the number 144 is a DNA Activation Code for the raising of Consciousness within the Human Biology. There are many references to this number, but the only one we are going to highlight here is the one Lord Melchizedek makes reference to in His Discourse in the EGA Book I. He says;

*“144 is the Amplification of Resonance that aligns to the Cosmic Consciousness for this Multi-Universe, which takes you through five levels of Christ Consciousness, into the Melchizedek Consciousness, and thus the 18th Ray is also known as the Eighteenth Ray of Melchizedek Consciousness. 144 is a human trigger for DNA to Activate Higher Universal Consciousness. It is also a trigger to align to the Dimensional Frequencies through your activations as A Melchizedek Priest or Priestess, and an Ambassador of Light to the High Priesthood of Melchizedek”.*

These 4 extra days were never contemplated as part of the 140 days of Studying the I4 Rules, but in coming to the end of the Original SOEPC Group Activity when we first began with these Studies, we saw this potential arise and so have acted upon it now!

It is therefore our pleasure and delight in introducing to the 140 days, an additional 4 days of Bridging one's Consciousness with your Own I Am Presence. It is an extension of the writing processes that you have already set into your own unique way and it will, if approached with the same enthusiasm and due diligence, the same dedication and focus, to open brand new opportunities through more efficient Construction the Rainbow Bridge of the Group Antahkarana, albeit from your initial individualized process within and through the Rules Study.

So first let us look at this writing aspect. Some call it automatic writing, others channeling, but whatever you call it, it is a most profound way of Constructing and Widening your Antahkarana, the very thing that the 140 Days Studying the Rules for Building a Group Antahkarana and Group Initiation were engaged for.

El Morya, within His Discourse 'Antahkarana and The EGA - Introduction Book 2 - Part I – El Morya – 12th January 2018', said this about the act of reading and writing;

*“Today there is a need for far more symbolic aspects for the human race to grow. You may not recognize this, and it may come as a bit of a shock to you. But it will make sense when I explain it for you! It is about reading and writing! Reading has to do with the tailoring of ideas, visions and images with form and this is related to the first step in the creative process, wherein Deity, Governed and Impelled by an idea (embodying God's Purpose and Plan), converting that idea, vision, or image, into the desired substance and then tailoring it with the needed outer appearance. The Elemental Grace Alliance is providing this tailoring process, through its writing! This does not necessarily have to duplicate in every aspect of its own God Design, but simply to be a tailored Formula, a generated Template, that provides the Truth of its Design, in a Manifested way that cannot be denied as a God Plan with a God Given Purpose through Divine Will, as the result!”*

*“Writing then symbolizes the method whereby the process is carried on, but it is of course far more personal in its implications. Reading is concerned essentially with the realization of a tailored idea of some kind, any kind, whereas writing is, curiously enough, concerned with the individual's conscious self-relationship to those ideas, visions or images. It is the measure, the Truth of the writing, the information delivered, and the confluence of the Words and Ideas, that produces the Light Substance that then has the potential to manifest/Precipitate that idea, vision or image.”*

*“This relates to the natural flow of Precipitation in Nature. The idea, the ideal and the idol! Djwhal Khul says: ‘The Head (the idea), the Heart (the ideal) and the Throat (the creative agent of the resulting idol, the temporary and fleeting expression of the ideal, inspired by the idea) shall come into being; three great Centers shall now emerge in time and space and—at this point in the evolutionary cycle—we call them Shamballa, the Hierarchy and Humanity.’”*

*“So here you have the Elemental Grace Alliance, Book I, “The God Awakening” is the Idea. - The Head. Book 2 “The Group/Christ Antahkarana” - the Ideal is the Heart, and Book 3, “The Christ Councils” - The Throat, shall be the creative agent of the resulting idol ready to make manifest/Precipitate. The Idol is the Life of the Idea and the Ideal!”*

*“This Book 2 is designed to lead one to the Heart of the Ideal! It has taken 2 years to formulate and put into practice, and experiment with, and although the present Group members of the EGA/The Sun of Even Pressure Council, have and continue to walk an unpaved road, the intention is to Pave that road with proven results for others to follow without having to Pave all over again! The Results thus far, We can See are Proving to be Valid and Exemplary, albeit not necessarily seen by our Brothers and Sisters upon the ground just yet. But We tell you, The Elementals and the Devas are aware of the Intentions and Visions to Create and give Form to those Ideas. Phase III, will, through Divine Will begin to Solidify this Divine Plan.”*

*“I inform you, the Elemental Grace Alliance has now become a Living Organism, and cannot be classified as a foundation, organization or a business that produces product or services for generating revenue or profit, as many spiritually based Groups do. The EGA is without hierarchical levels of internal structure; all members are equal in position and responsibilities. Beloved Djwhal Khul says this in Rule 3, of the I4 Rules of Group Initiation.*

*“The work now being done by Shamballa and the Hierarchy on behalf of humanity will tend also to develop Group consciousness and the formation of many Groups which will be living organisms and not organizations; it will make Group initiation possible and will enable certain aspects of the will to flower forth correctly and with safety. The tendency to overlook the distinction between Groups and organizations are still very deep-seated; the coming of the Christ will throw much light upon this problem. End Part I Excerpt El Morya*

In Part 2 El Morya says this;

*“On a fundamental level, it is important to realize that the Antahkarana (whether individual or Group) is a **Bridge of Consciousness**. It's not some material construct built outside of oneself, but is rather a representative of one's own awareness. That means the Antahkarana is built through experience, experiment, and one's own efforts, which in turn means that Group efforts promote the Group Antahkarana. Consider the quote that, ‘all growth is through experiment, struggle and persistence - hence the present modern upheaval. It is significant of a ‘pushing through’ to the light, the light of the world, as well as the Group Antahkarana.’ That quote from DK, also shows that much growth of the Antahkarana, whether individual or Group, can happen unconsciously. One of the Antahkarana*

*meditations says, "It will take years of steady application to build the Antahkarana to the point of real usefulness - unless considerable work has been done - mostly unconsciously - in previous incarnations."*

*"Effectively Building the Group Antahkarana depends upon Building an effective Group. **That means increasing Group Unity, Group Identification, and Group Participation and Co-Operation.** These points are illustrated in another directive given to Master DK's disciples: 'The great need for all of you in this Group at this time is consciously to relate yourselves to each other in an increasingly closer union. The Building of the Group Antahkarana as a part of a great life thread can only thus be carried forward effectively. See, therefore, that this Group Identification goes on with all the Co-Operation which you can render.'"*

*"Building the individual Antahkarana consists of the six steps of Intention, Visualization, Projection, Invocation and Evocation, Stabilization, and Resurrection. Building the Group Antahkarana involves the same steps, although it's important to realize that these steps need to be applied in Group Form. The points below assume that one is already familiar with these steps to some degree as they apply to the individual. Some additional comments about each step with respect to Group context follow:*

***"Intention:** The individual forms a personal point of tension on the highest sub-plane of the personality, which is the 4th sub-plane of the mental plane. The development of Group tension is described in Rule I for Disciples and Initiates, which directs the Group **toward a newer tension.**"*

***"Visualization:** Visualization involves imagination, and imagination vibrates on the level of the 2nd highest astral sub-plane. **Unlike other steps, Group imagination perhaps has the best capability of being done to some degree even by an individual. Imagination allows one to visualize that which isn't true. For example, imagination allows one to visualize the Antahkarana even if it hasn't been built yet, which of course acts as a blueprint for actual construction. Similarly, an individual can help visualize the Building of the Group Antahkarana, even as an individual.**"*

***"Projection:** There aren't any direct references to the term Group projection in the Alice Bailey books, however, to act of Group Projection when working with the Group Antahkarana we use Group Projection, with the 2<sup>nd</sup> Ray Words of Power, 'I See the Greatest Light,' because humanity as a whole has a Ray 2 Soul and you live in a Ray 2 System. Other non-human Groups in other Planetary or Solar Systems are associated with other Rays, and therefore use the Word of Power for alternative Rays."*

***"Invocation and Evocation:** Invocation is very much a Group Endeavor. Group Invocation can be seen in several contexts. The result of Invocation is it, 'enables the Group life to be transferred along the Group Antahkarana and focuses it once and for all in the Masters' Ashrams or Circles of Consciousness.'"*

***"Stabilization:** The final steps are outside the control of the individual or Group, and little is said about them. One point that is made is that when the Antahkarana does finally reach Monadic levels, it's initially thin, and it must be used in order to become thicker and stable. That means the Antahkarana isn't something that's built once and then ignored, but rather is continually expanded and exercised."*

***"Resurrection:** Esoteric resurrection doesn't mean returning from bodily death, but rather rising to a new Spiritual Awareness. However, this state of spiritual livingness could be considered exalted enough that the previous condition is dead in comparison. Resurrection takes place at the lofty Seventh Initiation of the same name, as well as to a degree at the Fourth Initiation. The Renunciation process of the Fourth Initiation and the transcendence of the Causal body can take place on a Group Level, as well as for an individual. This is described as: 'The outer Group dies, occultly speaking. The Soul of the Group, being now merged with the life aspect on levels higher than those on which the causal body exists, is no longer*

of major importance; the Great Renunciation takes place, and the causal body - having served its purpose - dies and is destroyed.' ”

*“In Building the Antahkarana, step #3 of Projection is accompanied by a Word of Power appropriate for the Soul Ray. A Word of Power is really an idea or declaration composed of several words indicating how each Ray approaches the process of Union between personality, Soul, and Spirit. The Soul Will, and Word of Power for each Ray is listed below.”*

#### Antahkarana Words of Power

Ray	Nature	Focus	Words of Power
Ray 1	Will / Power	Initiate	I Assert the Fact
Ray 2	Love / Wisdom	Unify	I See the Greatest Light
Ray 3	Intelligent Activity	Evolve	Purpose Itself Am I
Ray 4	Harmony Through Conflict	Harmonize	Two Merge with One
Ray 5	Concrete Science	Act	Three Minds Unite
Ray 6	Love / Devotion	Cause	The Highest Light Controls
Ray 7	Organization	Express	The Highest and the Lowest Meet

*“Individual Initiation is challenging to understand and describe, because it refers to States of Being you haven’t attained yet. Group Initiation is even more abstract, especially to the individual consciousness, which means that any consideration of the Group Antahkarana is necessarily difficult to put into words. Still, there are a number of things that can be said about the Antahkarana in Group context that can be useful to aspiring Disciples and Initiates who seek to develop their Group or develop themselves within a Group.”*

*“In both individual and Group contexts, developing the Antahkarana is a fundamental aspect of Initiation. Remember that “no major Initiation can be taken until there is some measure of conscious use of the Antahkarana.” Similarly, **“Groups being prepared for Initiation should consist only of those who are in process of Building the Antahkarana.”** More specifically, the Antahkarana can be considered as a measuring stick of awareness. That’s because Initiation indicates mastery of, or freedom from, the influences of a particular plane, and the Antahkarana is a Bridge or Roadway of Consciousness projected through the planes. For example, **‘the Antahkarana must be completed and direct contact must be established with the Spiritual Triad by the time the third Initiation has been taken.’** For the Fourth Initiation, the Antahkarana provides the road to Renunciation through which one withdraws from form life. **‘It is with the Antahkarana that the Initiate is concerned in the Fourth Initiation.’”***

*“Group Initiation is an important macrocosm of personal Initiation, and similarly the Group Antahkarana is a macrocosm of the personal Antahkarana. Understanding and promoting the development of the Group Antahkarana assists in understanding and promoting Group Initiation, along with one’s individual Antahkarana.”*

*“One can’t study individual Initiation to any serious depth without also considering Group Initiation. Group awareness and service grows as the individual personality is refined through the first few Initiations. After a certain point, individual Initiation and Group Initiation are inseparably linked, because the individual is integrated with his or her Group and has transcended self-interest and individual will. Hierarchical Level concepts can be better understood in a Group context, or on an individual level by aligning and identifying more with the Group. With respect to the individual Antahkarana, “when the Disciple or the Initiate has flung one strand of living light (through the power of magnetic love) across the space separating the Triad and the personality, he discovers that he is a part of a Group.”*

*“A particular Group is usually composed of individuals at varied stages on the spiritual Path, who have achieved different levels of personal Initiation. In general, it seems that the status of a Group as a whole is lower than the average of the individuals within it. For example, a Group of seekers who have passed the Second Initiation individually probably haven’t developed their Group as a whole enough to reach an equivalent level. I like to use an analogy based on music: A collection of skilled musicians thrown together doesn’t make a skilled orchestra, at least not until they practice together and develop experience as a Group.”*

*“Group Initiation is generally a more advanced concept than individual Initiation, since it not only requires individual Initiates, but also for them to come together effectively. For example, if the average individual in an esoteric Group is around the Third Initiation, the Group itself may only be near its First Initiation. A similar concept is how standard systemic Initiations are offset by two from higher Sirian Initiations. For example, the third systemic Initiation is also called the first Sirian Initiation. Given the advanced status of Sirius and its special relation to our system and Hierarchy, Sirius inherently holds Group ideas for us. Because Sirian Initiations are offset by two from the individual systemic Initiations, there might be a similar average offset when comparing individual and Group Initiations.”*

*“Group Initiation can apply not only to an esoteric Group of disciples, but also to humanity as a whole. The human kingdom stands ready for the ordeal and the accolade of fire, preceding the first Initiation. At that final stage, Humanity today stands. The personal Antahkarana allows the individual to achieve Initiation, and liberation from matter and form. Similarly, the Group Antahkarana allows the Group and even humanity as a whole to do so: “In the many strands of light, woven by the aspirants, disciples and initiates of the world, we can see the Group Antahkarana gradually appearing - that Bridge whereby humanity as a whole will be able to abstract itself from matter and form.”*

*“The individual Antahkarana starts by bridging a link between the personality and Soul. Therefore, the Group Antahkarana forms a link between the Group personality or manifestation in the three worlds, and the Group Soul. However, when the Group is considered at a large enough level, the Group Antahkarana really links Kingdoms, specifically its purpose is, so that there may be established a Group Antahkarana between the Kingdom of Souls and the world of men and women.”*

*“In general, the Antahkarana provides a conscious link to higher states of being. Insight from Soul or Triadal levels can impress the individual via the personal Antahkarana. Similarly, Group thought, and development can be impressed by the Group Antahkarana. Master DK emphasized the use of constructed Group Antahkarana when working with His Group of disciples: ‘I shall let you know which are the hints I give, so that together the Group may profit by them... This will result, eventually, in an inflow of light from the Spiritual Triad via the Group Antahkarana, constructed of the ‘Rainbow Bridge’ of each Disciple and Initiate.’”*

*“For the individual, the Antahkarana first links to the Soul, and then the permanent atoms of the Spiritual Triad. The Hierarchy, the kingdom of Souls, works mainly upon the planes of the Triad. However, the Group is a macrocosm or a higher spiral version of the individual, which already works*

*with the Hierarchy to some degree. Therefore, for the evolved Group, the Group Antahkarana can project toward higher levels of being, namely Shamballa. This is illustrated in the statement that: "the Group Antahkarana becomes a channel of unimpeded communication direct from Shamballa to the Group because every Member of the Group is a Member of the Hierarchy. In this manner the three planetary centers arrive at the needed relationship, and another great triangle reaches true functioning activity."*

*"Another way of understanding the development of the Antahkarana at Shamballic Levels is that individual will is increasingly replaced with awareness of Divine Will. In this context "individual will" means the will of a lower personality, or even the individual will of a Group. This is illustrated in the following quote: 'When the Antahkarana of a Group is rightly constructed, then the individualized Group-will will disappear in the full consciousness of the Monadic Purpose or Clear directed Will. These are points which the Disciple or Initiate preparing for Initiation has to consider as he prepares for the higher Initiations, and these are the points which any Group Consciousness or Ashram in preparation for Initiation has also to consider.'"*

*"How does the aspiring Group proceed to build the Group Antahkarana? To begin, forming the personal Antahkarana is something every individual must do for themselves. Your method of Building the Antahkarana will be very much your own. The guidelines can be given, but the interior processes must be worked out by you and you alone. It follows that each Group must also form the Group Antahkarana in its own way, with no hard and fast rules. However, we can at least say that the nature of the individual or Group (and the Rays of their Soul and personality) influences the manner in which they approach the Antahkarana. For a large enough Group, such as the Antahkarana for the Kingdom of humanity itself, the Group is conditioned by Ray 2, the Soul Ray of humanity and of Our System, and therefore follows the Ray 2 Will to Unify."*

End of Excerpts.

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So, now you have the foundational premise for why these 4 additional days have been added. Here then, is another opportunity, to take yet another step toward the desired Goals of the Elemental Grace Alliance Divine Plan and the Formation of the Group Members for the Purpose of Uniting in a closer Group Conscious Awareness for Divine Purpose and Divine Will!

We are therefore inviting all Members of the 2.I4 Rules for Group Initiation not to stop at the I40<sup>th</sup> Day of the existing I4 Rules, but to continue on with these additional 4 days which, through Divine Purpose and Divine Will and in accordance to Cosmic Law, will use this code of I44 to raise once again, through its Intended Activation both your own and Humanities Higher Consciousness.

What is being asked of you here is that instead of writing the Rules as you have been over the last few months, these **4 Extra Days** be offered over to Communication through writing, while Bridging the Consciousness between you and Your I Am Presence.

We are inviting you to offer at least 1 hour each day, but you can use as much time as you feel inspired to do.

Pose any questions you like, ask for any guidance, speak of the Rules or any aspect of your part in the EGA or indeed any other matter or desire you wish to Know about!

It is really important, the more refined the questions or that which you desire to Know, the more direct and precise will be the information as it is given you.

Feel free to share any information you wish with the Group, or if you prefer not to share that will be your individual choice, but please do not, not share, if this process does not work out for you as you may expect. It is a personal opportunity to open new experiences and unless engaged with an open mind and not a closed heart, the experience shall create only that which one's attention and energy is given to it.

We say again:

*"We tell you, The Elementals and the Devas are aware of the Intentions and Visions to Create and give Form to those Ideas. Phase III, will, through Divine Will begin to Solidify this Divine Plan."*

*"The Elemental Grace Alliance is providing this tailoring process, through its writing! This does not necessarily have to duplicate in every aspect of its own God Design, but simply to be a tailored Formula, a generated Template, that provides the Truth of its Design, in a Manifested way that cannot be denied as a God Plan with a God Given Purpose through Divine Will, as the result!"*

*"Writing then symbolizes the method whereby the process is carried on, but it is of course far more personal in its implications. Reading is concerned essentially with the realization of a tailored idea of some kind, any kind, whereas **writing is, curiously enough, concerned with the individual's conscious self-relationship to those ideas, visions or images. It is the measure, the Truth of the writing, the information delivered, and the confluence of the Words and Ideas, that produces the Light Substance that then has the potential to manifest/Precipitate that idea, vision or image.**"*

Have Faith and Trust in this Process, it is an amazing experience when it flows beyond all belief. You can all do it! Embrace this opportunity in Love and Light and if you have never tried this, have a go!

So simply continue on from Day I40 and we shall close the Rules after Day I44.

God Bless You All,

Elemental Grace Alliance.