

## Part 12 - 7th Activation - Light Group

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### UNDERSTANDING THE LAW OF RESONANCE (UPDATED AUGUST 2022)

The Law of Resonance, like all other Universal Laws, once understood, will provide you with a greatly enhanced ability to begin "consciously", intentionally and consistently attracting and experiencing more of the desired outcomes that you wish to experience and envision for yourself.

Once this conscious awareness of The Law of Resonance is attained, it will enable you to clearly understand the importance and necessity of consciously directing and maintaining the kind and quality of energy that you project through your thoughts, emotions and beliefs, which in turn will enable you to begin attracting and experiencing the desired "tangible physical results" that you may currently be "unconsciously attracting" and that so many "perceive" to be random acts of nature that fall outside of their ability to consciously control.

Although a widely held belief, like many beliefs held today, as you'll discover, it is and can only continue to limit you if you choose to allow it to.

The Law of Resonance will enable you to break free from the mindset as well as the limitations that the vast majority place on themselves and enable you to begin experiencing a kind and quality of life that the majority "unconsciously" choose not to.

A deeper look into The Law Of Resonance will provide you with the "seemingly" hidden key of all the keys concerning the unwavering process of manifestation... meaning how each of the events, conditions and circumstances are drawn or attracted to you and created in every area of your life, whether physically, relationally, emotionally, financially or spiritually.

In fact, ALL physical (or seen) as well as the unseen events, conditions and circumstances which make up your personal life experience, as well as those which are continually being created in the entire Universe, are only possible and happen as a result of the Law of Resonance.

The Law of Resonance, which is closely interconnected and works in harmony with the Law of Attraction, is the Universal Law which determines precisely what it is that you will attract into your life based on the resonance or frequency of the energy that you are projecting.

Although many have become aware of the Law of Attraction, many believe that it's the Law Of Attraction that's solely responsible for determining what is drawn into their life experiences in the physical world. Although, to an extent, that's true, The Law of Attraction is merely the

perfectly constructed, immutable and unwavering law, which makes certain that "something" is attracted and created based on individual choices that are made by you.

The Law of Resonance is the law which determines precisely WHAT IS attracted based on the resonance or the frequency of energy that is chosen by you through your emotional response system and, as a result of that choice, determines the kind and quality of the resonance or frequency projected which the Law of Attraction utilizes to determine precisely what IS attracted.

The simplest way to put it would be to say that The Law of Resonance is the law that assures that all energy continuously vibrates at a given frequency and depending on the vibratory output of this emitted frequency is what the Law of Attraction uses to determine what additional energies are attracted to one another, which join together, resulting in a transmutation of the energy from the unseen or spiritual realm, producing outcomes in physical form. To provide more clarity, the Law of Attraction will attract to you every event, condition and circumstance experienced in your life, which is determined by the vibrational resonance created based on how you perceive what's going on around you. The Law of Attraction makes no judgments, distinctions or determinations between what you might perceive to be good or bad, right or wrong, etc. and is TOTALLY unbiased in what is attracted to you. It only serves and acts as the delivery system, delivering to you precisely what you are asking for based on your resonance.

The Law of Resonance simply determines the vibrational intensity of what you choose to project, which determines what you are asking for.

The Law of Attraction operates precisely the same without bias for EVERY person in precisely the same manner. It is an individual's resonance, the energy which is projected outward, which determines exactly what those events, conditions and circumstances in each person's life consist of everything that exists in the entire Universe, whether it be those things that can be experienced with your five physical senses of sight, smell, touch, taste and hearing, as well as those which are above or below our ability to comprehend and experience with the physical senses, when broken down, studied and analyzed in their purest and most basic form (subatomic particles) exist as a result of energy or light.

In other words, ABSOLUTELY EVERYTHING, whether physical objects, your body, sounds, colours, feelings, oxygen, thoughts, emotions etc., exists as a result of energy, or what science refers to as Quanta, which exists as vibrating energy packets. The outcomes or effects of both the physical and the non-physical are determined by and constructed of the varying vibrational output of these sub-atomic particles. The only thing that determines the difference between, let's say, water and the chair you're sitting in is the varying vibrational intensities of the energy which make them up. At their core, they exist of the same energy, it's simply the vibrational output of the energy which makes them appear as different forms

or physical manifestations. In the same way, YOU determine what you'll experience in your life based on the resonance that you choose to project.

So, what determines this resonance that you emit from your physical body? Your EMOTIONS. The emotions that you experience create a specific vibratory frequency or resonance which, once created, is projected outward, which activates and enables the Law of Attraction to do its job, and with unwavering certainty, creates what you experience in your life. The result is that you begin attracting to you precisely what you are asking for based on the resonance or frequency of energy that you are projecting. The job of the Law of Attraction is to attract to you and bring into your physical existence precisely what you are asking for as a result of that projected frequency or resonance, which is created and projected as a result of the emotions that you choose to experience.

The Law of Resonance is quite literally the law that determines how ANYTHING, and EVERYTHING is brought into (manifested in) your physical world. Resonance is the outgoing frequency that you project based on the quality of your "consciousness", which determines what you will attract, much like the outgoing frequency from a radio determines which radio station is picked up and heard through the speakers of that radio. It is the outbound frequency created by the radio, which harmonizes and resonates with the frequency emitted from a radio tower, which attracts and combines those frequencies and enables the sound to be heard.

So, what do radio frequencies have to do with emotions and resonance?

Your quality of consciousness determines the quality or vibrational intensity of the energy emitted and projected, which determines what is attracted to you. Emotions of fear, apathy, grief, anger, and anxiety emit a much different resonance or vibrational output than those emotions of love, joy, gratitude etc., just as tuning to 96.9 FM emits and, as a result, attracts a different outcome or frequency than 104.7 FM on your radio dial. Resonance is merely a process of initiating and amplifying a vibratory response (a link) in a receiving system that is attuned to or in vibrational resonance with an emitting system, which creates an outcome.

Your individual thoughts, emotions and beliefs determine the vibrational intensity of this emitted frequency, which in turn determines what you'll attract to you and experience in your life.

It is very important to understand that resonance starts only when the frequencies of the two systems (the receiving and the emitting) are very close or identical in frequency and harmonize, which then determines what the Law of Attraction will draw to you. In other words, you can't expect to send out a frequency of fear and expect to draw to you something that you love.

A frequency of fear and a frequency of love vary in vibrational intensity. A vibrational output of something feared can only resonate and draw to you a harmonious frequency, which produces in your life more of what is feared. A vibrational output of what is "loved" or "desired" can only resonate and draw to you a harmonious frequency resulting in a physical manifestation of the thing loved and desired.

In a nutshell, the Law of Resonance determines the varying frequencies between these two predominant states of being, whether it be fear or love. Love emits and projects a much higher frequency than does fear and is far more powerful in attracting to you things that are loved or desired. Fear, on the other hand, although it does emit a vibrational frequency, does not have the same attractive force as does the higher vibrational intensity of love, which more easily attracts what is loved over what is feared.

Ok, now with that basic understanding, what can be done to begin resonating at a frequency which attracts more of what it is that you love or desire to experience in the physical world?

Knowledge is the first step and once understood, grasped and internalized, the next step is beginning the process of consciously controlling the resonance that you project.

How exactly do you do that?

The first step in the process is becoming conscious of your thoughts. Through practice, you will begin the process of achieving self-mastery, which enables and empowers you to allow yourself to only think thoughts and, as a result of that choice, only experience emotions that are in alignment with that which you choose to attract and manifest in the physical world. Although there is some mental work and self-discipline involved initially, as you'll soon discover based on what you begin attracting into your life, the long-term rewards FAR outweigh the short-term effort necessary to begin consciously and intentionally using the Law of Resonance to your benefit.

While many believe that their emotions are uncontrollable, this is absolutely not true. Although it does take some self-discipline initially and the developed ability to learn to consciously and consistently remain aware of the thought processes that regulate an individual's emotional response system, learning to consciously control emotions can be easily achieved once a basic understanding concerning how to achieve it is established. One of the most powerful, practical and effective means that I have personally found for taking conscious control over your thoughts and emotions is best achieved through the art of meditation.

Meditation, no matter how you may achieve this state of Peace and Balance, has been scientifically proven to change the resonance of the human physiology, enabling those that choose to practice it to experience an overall sense of peace, calm and well-being and as a result effortlessly and automatically changing the resonance or vibrational frequency which an individual projects, thereby providing much more desirable results, which manifest in

physical form. Meditation provides and produces an enhanced ability of the practitioner to enter into and remain in a state of resonance of their choosing, enhancing their ability to consciously control the resonance projected by them, which determines how the physical outcomes experienced in the various areas of their lives are determined. Meditation also serves to balance the left and right hemispheres of the brain, initiating what is often referred to as whole-brain thinking, dramatically reducing the physical activity of the brain, and as a result, opens the door to higher awareness, dramatically enhanced intuition, a much deeper understanding of the unseen or spiritual, and numerous other benefits.

The fundamental and often implied "secret" to begin consciously creating desired results in life can be dramatically enhanced through consistent meditation practice enabling the practitioner to develop the ability to consciously create and maintain a desired frequency or resonance. Although the actual experience of reaching a deep meditative state is difficult to explain with the limited scope of physical words, meditation, to put it simply, enables the practitioner to experience a profound sense of inner well-being, joy, and what is referred to as Nirvana or experiencing a close personal interconnection with the Source, whatever you may perceive that Source to be.

To help you further, I would like to use this definition and explanation in terms of an Elemental Grace Alliance real-life example. We received an email from a Dear Soul who wanted to know more about the Vibrational Frequencies and Light Quotients and their association to what the EGA Divine Plan is. We begin with that email request.

#### VIBRATIONAL FREQUENCIES AND LIGHT QUOTIENTS

Blessings Peter,

I am reading several times all the pages that you recommended to me, and I love the analogy to the stream and the river flowing to the Ocean.....I also feel like I have been looking for God for the longest time in the complete darkness with only a small torch light to show me the way, and there you come with the EGA, and this represents a real Lighthouse of Divine Light illuminating the whole way.

I hope you don't mind being compared to a lighthouse!

I have planned to do my Release of Karmic Memory at 9pm of Manila time this coming Friday, June 2. We are 7 hours ahead of you. I would certainly benefit from the support from the group The Sun of Even Pressure holding space for me since I am a little beginner at this. I feel so blessed and supported just because you mentioned this opportunity.

But please answer this question, because this question keeps coming up in my mind as I read the EGA, and even more now as I prepare to do these activations and decrees for myself, and

my question is this: how does one individual incarnated soul assess its own Vibrational Frequency and Light Quotient??

It is OBVIOUS to me that where I am now is a VERY different place than where I was in consciousness one year ago, and as I told you before, I measure it by the fact that I am not fearful and worried and angry anymore and that I am overall happier and more elevated spiritually than before and there is more joy and divine presence in my life....but please clarify me further, how do I measure every day how my vibration is going? Is it just about being mindful in every moment about my thoughts and feelings and shifting them towards a higher vibration at every possible moment? Should I deduct that because there is still a disease in my family, that my vibration is still very low? I feel silly like a kinder student asking this question, but here it is!!!...how do I further increase my vibration in relation to what Lady Nada says below:

Lady Nada says:

**"When one Invokes or Decrees in the Name of the 'I AM' Presence, or indeed God, and We are speaking here from within the human levels of conscious octaves, the calls are only ever elevated to the degrees by which the individual or group physically, mentally, emotionally and Spiritually, embody the 'I AM' Presence. So, no matter how often one calls, how heart-felt the calling, no matter how pure the intention is, the result of the Invocation, Decree and instructions made are only ever proportionately achieved in accordance to the Grounded 'I AM' Presence within them. This is the way it is upon Earth and how the free will is applied and registered."**

So, I think I found the answer to my question in Christ Letter Number 8, which reads:

**"Those whose spiritual perceptions and lives have been raised in frequencies of vibrations to merge with the spiritual frequencies of vibration of the spiritual dimension can perceive that they live in two dimensions. They are fully aware of this truth. And they live according to this truth and evolve into ever higher frequencies of being.**

**"They are no longer bound by human belief but live within the realization that they live within infinity in which there are no limitations. The higher their vibrational frequencies of consciousness, the more aware they are that they live within infinity and that only they themselves set the limits on what they can aspire to.**

**"Those whose perceptions have been heightened in this way whilst still in their bodies have seen that there is only one dimension of actual individual being, and this dimension is Divine Consciousness Activity."**

How would you, Peter, in your own words, determine where an individual's vibrational Frequency is? I mean, do you have some parameters to help us have a slight clue on where we are and how we are progressing?

Thank you for all the time you spend answering and reading my messages! Love and Light

Joy (Name changed for privacy reasons)

Dearest Joy,

What you have brought into your awareness could be referred to as a Revelation, for although this information is clear in its presentation within the Elemental Grace Alliance and indeed in the Christ Letters, few people have made that conscious link as to this aspect of their progression toward the next Rings of Consciousness. Both the Registry of Frequency Vibration and their Light Quotient give very clear indications as to what is being absorbed within all four lower bodies, physical, emotional, mental and Spiritual. These Registries are beyond the conscious projections of one's ego thoughts, yet they are extremely affected by what one thinks, says, acts and feels. But its True registry is beyond the ego's control to change or fudge its readings.

So, for example, one may think they are further along the path of enlightenment, ready to approach the next '*Ring Passeth Not*' or '*Initiation*'. But if the Resonance of that person is not vibrating at the minimum levels of those next Rings of Consciousness, they will either, through the Universal Laws that apply, not be able to pass, or if they are on the borderline, and force themselves with a fixed power of the mind effort to initiate the Energies. If they pass in this way and do not integrate the Energies immediately of the next Resonant Fields, they are bound to be affected physically, emotionally, mentally and spiritually, which I have witnessed many times, and will drop not only back to the previous Ring Resonance but as low as 3 or 4 times that Resonance lower than where they began. And this can take a long time to recover from, for not only do they have to go through the old consciousness patterns all over again, but they are also intensified due to making choices that were not in alignment with their own Highest Good and 'I AM' Presence Desires for them. This is necessary to prevent permanent damage to the 4 lower bodies.

As one rises in Vibrational Frequency and Light Quotient, it becomes easier and less time-consuming if one strays off the Path. I can vouch for this personally, for only a few months ago, my own Resonances dropped considerably, and I could not understand why. Then it dawned on me, hence the reason for writing all about this now, it was because I stepped off my designated path that my 'I AM' presence had Designed and Manifested for me. One that I have Covenanted and Pledged to Honour! I felt drained of energy somehow, and it was not until I started writing again after this long break, I have had my Resonances begin to return. I forgot the process for a short while, and it took me back into some old thought forms I thought I had passed through. That is why, when one begins the Higher Resonances and steps into the

Rays of Initiations and Light Quotient consciously, the need to be far more vigilant is such a vital tool for one's continued spiritual growth and development.

The Christ Letters explains this in a way using a train as an analogy.

It says on page 6 of Letter 7,

*"If you should find yourself descending into lowered consciousness frequencies of vibration and experiencing the conflict between what you are 'feeling at the moment' and what you know you ought to be feeling or would like to be feeling, you will experience more control if you realize you are suffering because you have allowed your normal spiritual consciousness vibrational frequencies to drop. Pinpoint the reason and take it to Divine Consciousness for a resolution of the inner conflict. In time, guidance as to the correct attitudes and affirmations to clear the problem will be given you swiftly in response to your prayer.*

*"Furthermore, as you lift your level of 'consciousness frequencies', you will find that you are inwardly strengthened in spirit and life force, and the opposite occurs when you find yourself entrapped in lower consciousness vibrations either through a personal descent into lower thought frequencies or by being emotionally drawn into them through communication with a negative or egotistic personality. When this happens, you will experience a loss of energy. This loss of energy results in a depletion of physical energy in your body cells.*

*"Therefore, when deliberately setting out on a spiritual journey, you should visualize yourself as being like a traveller boarding a train bound for the destination of your choice. If, when travelling, you leap out of the window on glimpsing verdant valleys or exciting cities offering pleasures of some sort and go wandering into highways and byways far removed from the journey you had originally undertaken, you will find it very difficult to resume that original journey. First of all, you will have to go through a cleansing of the lower consciousness energies you absorbed during your jaunts into other areas of interest. This may take a long time, and you may have to go through other painful experiences to enable you to go through the necessary cleansing of your consciousness again. Everything you do in life, you are either moving forward spiritually or moving into areas of consciousness detrimental to your search and long-term journey towards higher levels of spiritual consciousness. You never escape the processes of consciousness nor from the inexorable working of the Laws of Existence. You cannot put your life on hold as you dodge off to have a little fling which you think won't matter since no one will know. Whatever you do is an action in consciousness, and whatever it is, promotional of your well-being or contrary to your highest good will have its repercussions of a like nature.*

*"Everything in your life is related to some other activity in consciousness. Nothing is isolated from everything else. People think that what they do today is in a compartment. They think that 'today' becomes yesterday and is past, it can have no bearing on their 'today'. But, unfortunately for them, they will find it cropping up in their experience as 'reaping time' in six*

*months, a year or even ten years ahead when the consciousness energies have attracted what is necessary to bring about their visible manifestation. Then people wonder, why did this happen to me? Why me?*

*“You must understand that when you embark on a spiritual journey, you have set foot to a path which will lift your consciousness vibrations to higher levels. Carelessness and inconsistency will lead you into a condition of swinging between levels of vibratory frequencies. These times of inconsistency are fraught with emotional pain. As you swing, the original momentum of spiritual energy, which previously lifted your spiritual vision, dies away, and eventually, you complain it is hard to get back to prayer and meditation. It is difficult to make the contact with Divine Consciousness that you were able to make before you went off on some pleasurable jaunt, which led to a dropping of your consciousness frequencies. In this way, by giving in to overpowering impulses, you make life difficult for yourself, you walk a more rocky path.*

*“At the same time, the impulses within your consciousness indicate that certain areas of your human consciousness need refining. The impulses become the necessary means to teach you some important lesson. In fact, no one can move on to the narrow path leading to the ‘Kingdom of Heaven’ and remain there without divergence or deviation until they have thoroughly experienced the fruits of their hidden impulses. By fully experiencing all they have to offer, people eventually arrive at a clear understanding that they were false enticements, not worth the pain and tremendous effort involved in getting back on the spiritual path again. Only when the deeply ingrained impulses have been indulged and the results imprinted in the consciousness can a deliberate mental and emotional choice be made to live life on a higher spiritual level. When this final decision is made decisively and positively, the former impulses are then erased from the consciousness.*

*“But I have to tell you that when you do make the choice to live your life on a higher spiritual level, you have not necessarily come to the end of your problems. In ignorance of what is real and false in higher spirituality, you may find yourself attracted to different cults which will lead you further into a wilderness without ending.*

*“I, the Christ, have come, through the medium of these Letters, to show you how to choose the highest goals in your human existence and your true final destination on your earthly ‘train’ journey.”*

You can read more on both sides of this excerpt if you wish a greater understanding of what is shared here by Jesus in Letter 6.

So, in short, this is where one's communication with their 'I AM' Presence is Absolutely Essential. For if one thinks egoistically that they are ready and wish to jump the train once they have boarded and taken their seat because they see something else along the way they think is better, or wish to experience more, or simply forget the choices they made to join the

train, the human personality will only suffer, thus delaying their ascension, possibly beyond the incarnation they were expected to attain in that one. This also works the same when one makes a Pledge or a Covenant with their 'I AM' Presence and the Master Sponsors they have engaged at such levels of Conscious Awareness up until that time. The more you know, the higher the consequences if you jump the train, so to speak.

St. Germain also makes this VERY clear in the Elemental Grace Alliance, and He asked me to underline this point due to its absolute magnitude in its significance to us as human beings upon this Path of Love and Light.

"Oh, I plead with you, Beloved Children of the Light who have been in this Light for sufficient years and Who have awakened as Way Showers; never allow your human self or anyone else to cause you to question for one second your ability to build your Temples or to make your Ascension, even in this embodiment. I tell you again that age, as you know it, has nothing whatever to do with it. The Expansion of the Light within you has everything to do with it, and the human self knows nothing about that.

"The Pledges you take will be to your own 'I AM' Presence and no one else. Do not, please, I press upon you, go into those groups out of curiosity, wonder, speculation or even awe unless you are absolutely willing to fulfil that requirement to which you have and must Declare your Intention by placing your Name in Covenant of the Calling. You may not understand yet what it means or the Action of the Law when unfaithful to your Own Light. So, I tell you this in advance, Dear Ones. Your Heart has always been willing, and now your intellect may say, '*Yes, I am willing to abide by this.*' But please, please remember, you will be acting under the Law of Your Great 'I AM' Presence, the '*All Seeing Eye of God*', Your Mighty 'I AM' Presence, from which no single motive or act is hidden. Sometimes the Messengers have pleaded with the Beloved Disciples for so long, yet they will still go on doing the things that they know in their Hearts are a tragic mistake, regardless of what they believe is right in their hearts.

"They think that no one knows it. We cannot help knowing what is within your motive, what is within your world. For it is imprinted on the atmosphere about you because every thought, feeling, and motive is a record which We have to read. Not that We seek to do it, but if We are going to help you, We must read it. Will you not feel now in this moment, and hold it forever, that the '*All Seeing Eye of God*', which your Higher Mental Body uses, knows every single thing that occurs in your Life, every feeling and motive that is there? Do not try to deceive your '*Presence*'!

"I am speaking with all the Love of My Heart, for I want to help you. I want you to see, if you will, the mistake of just humanly entering into a thing without a Pure, Honest Motive behind it. Remember, in your Heart Centre, as well as in the Heart Centre of the other Beings who may Serve the '*Attractor Field*' or Teachers of God, must come Purity, Loyalty, and Faithfulness if you are to go forward in the Light! Deception is an unpardonable karmic generator,

anywhere in the world, and so much more in magnification with anyone who has the Knowledge and indeed is already working with their Mighty 'I AM' Presence."

This information explains a little about the benefits of knowing what your intentions are prior to taking on any Spiritual Journey in Covenant with Your 'I AM' Presence, The God Within, or any Pledges one makes with the Hierarchy to be in Service to Humanity or the Earth. You can see now how the Universe Streams humanity for their Levels of Consciousness and where they are within the overall of its Evolutionary Path. This can be done individually as a group, a community, a cultural group, a nation or the World. Free will, however, is the biggest factor in affecting one's Resonance and Light Quotient, and this must be so, else how would Humanity Evolve otherwise.

How does one know what their Resonant Vibration and Light Quotients are??

The easiest way to answer this, *"is through your 'I AM' Presence"*! This can be done as often as you like. It can be achieved through dowsing, kinesiology (muscle testing), or if you are able to communicate directly with the, 'I AM' Presence through telepathy, automatic writing or any other way like Inner Voice and feelings, seeing numbers within the Inner Vision. These are the more direct methods.

It is possible also to read other people's Resonances and Light Quotients, for we are all One, and just as St. Germain said, *"if you are going to be helped, these must be read"*. They are written into one's auric fields and Akashic Records. But when one reads another's Readout, the consequences of rightful action and use of that information hold a greater negative Karmic potential if used for anything other than the Greatest Good of that Soul!

Within The Elemental Grace Alliance, to give you an example, it is stated that to become part of this Alliance and Its Divine Plan, before one can step through the *'Rings Passeth Not'* of Higher Consciousness, one must have attained a certain level of Vibrational Frequency. This minimum frequency has been set by the Hierarchy so that any Councils formed are not going to be affected by lower vibrational personality thought forms, beliefs or actions.

For the Christ Council to operate here on Earth, a scale has been developed that shall have to be met by all Souls whom are to take a Seat. This also relates to any person who is going to Fully Embody the Christ Consciousness as Jesus did in His incarnation 2000 years ago.

These Levels of Consciousness are 98% Light Quotient, and the Rings of Consciousness (Divine Consciousness meeting Universal Consciousness) is around 144,000 numerically speaking!

In the Dr. Joshua Stone Books (*He has Ascended now*), he identifies the Levels of Light Quotient required to be achieved prior to be able to move into the next Initiation. 75% for the Forth Initiation, 82% for the Fifth Initiation and 92% for the 6th Initiation, which is the Initiation of the Christ Consciousness. The 7th Initiation begins once you reach around 96% of the Light

Quotient. This is another subject for another time, but you can get a little more of a feel for the dynamics of such Registrations and why they exist in these ways.

Jesus was registering in His physical body as he left the desert at 97% Light Quotient and 144,000 of Divine Consciousness Awareness. But as the Christ Letters tell us, He still had much to fine-tune in the time that followed before His Final Physical Ascension from this world could be achieved. Remember, many will transcend in this way, leaving the physical world to ascend. But as Jesus said, *“Verily, verily, I say unto you, He that believeth on me, the works that I do shall he do also; and greater works than these shall he do; because I go unto my Father”*. Many will remain in the physical body, fully Enlightened with the Christ Consciousness Present in their Light Bodies.

It was Archangel Metatron who said in His EGA Discourse *‘Part 1, Adam Kadmon Race - The Christ Councils - The Elemental Grace Alliance Council - Archangel Metatron - 10th, August 2016’*, which can be found on the website

<http://www.elementalgracealliance.com/adamlilith.html> or  
<https://elementalgracealliance.wordpress.com/2016/08/14/part-1-adam-kadmon-race-metatron/>

*“Once these Akasha Sanctuaries are Founded, Incorporated and are In an Active State of Co-Operation, Co-Participation and Co-Creation with the Councils of Higher Light, We can All Truly get down to God’s Business here on Earth! All Radiation Centers will have to be established in the Name of The Mother’s Love and The Father’s Light. After which, the Brothers and Sisterhoods of Archangel Michael and Archaii Faith, The Brotherhood of Enoch, and the Brothers and Sisterhood’s of Lord Melchizedek and The Councils of Light, can step in and fully embrace this world in Service with Greater Intelligence, through the New Members of the Adam Kadmon Race, to ‘repair’ all human races and Planetary Systems of this Universe.*

*“Through the human beings of the New Adam Kadmon Race, a New Spectrum of Light will be able to biochemically recalibrate and respatialize human beings by activating the body chemistry in one’s mind to then participate with, rather than against the Word of God! Remember this, if one was to remove all the space between the cellular self of the human body, the mass would equate to less than the size of one cell within your body. So, to respatialize your Beingness shall mean to expand the space to greater distances, thus allowing the Electronic Light of the White Fire Substance to be seen in Greater Capacities!*

*“Once this happens, this Greater Spectrum of Light moves into the entire 4 lower bodies of mankind, thus allowing the Christ Consciousness to fully embed within each person! You have heard of the 100-monkey syndrome. 144,000 Ascended Masters of the New Adam Kadmon Race there upon Earth shall be this trigger of Human Consciousness!*

*“Therefore, you are being Guided now to the Pyramidal Grids that shall make up the Temples of Light that you shall call the Narayana Joy Akasha Sanctuaries. These Pyramidal Structures will encompass within Their Foundations the 54 (plus 10) Keys as set out by J J Hurtak, Enoch and Myself in The Book ‘The Keys of Enoch’. The activation of the Adam Kadmon Seed Encodements are being triggered within you now as part of the next Evolutionary Stage for Earth and this Local Universe!*

*“Do not expect immediate Transmutations, Dear Souls, for changes within the biology cannot happen overnight and must allow its own Individualized Expressions to become Manifest. However, in saying that, for those who are ready, this will happen very quickly if it is embraced with even greater Awareness and Openness to receive this Love of The Mother and Light of the Father. As these New Levels of Consciousness make Their way to the forefront of your Minds, these will decrease and put to an end the old thought programs and manifestations of them within, through and all around you!*

*“Remember, this is not about the dissolution of the physical body, for to Serve within a material world, one must be physical and material, else We would have Evolved this Universe long before this! The New Adam Kadmon Man and Woman must therefore become a Physical Manifestation, and although the Forms of the Biological Systems will change with New Physical ‘Garments of Shaddai’, they will become an Undeniable, Untouchable and Incorruptible ‘Force Field’ within this Universe! These Physical Forms shall be Spirit Manifested with the Full Cognitive Powers of Mother, Father God, Expressing Outwardly within a material world!*

*“They shall still be vehicles of flesh, but not as you presently know them to be. They will be much Lighter in density while remaining physically visible and Real to the human eye! You of the Adam Kadmon Seed were created simultaneously with the Heavens and agreed to be transposed along the Sacred Electronic Geometrical Light Patterns into physical incarnations. You began your Existence from the Godhead, and you shall return to the Godhead when your Individualized Expressions of God’s Infinite Divine Consciousness is completed here.*

*“The Work that you are doing here is offering, not only Earth, the potentials of expanding Consciousness into the Christ Consciousness but in more physical worlds than you could ever imagine right at the moment.”*

So, just to give you the support to carry on with your dedication and focus, Dear Soul, I can tell you that when you first reached out to me after reading my comments in that post regarding that Dear Child with her gifts, your resonance was 9,000 in round figures. With Sue’s incredible Guidance and what you have read and acted upon since then, today it is around 46,500, which in itself is a remarkable achievement in such a short period of time.

So, you can see that what Lady Nada promised in Her Discourse has been proven True to Her Word. Each activation that you do as we have set out in the EGA will increase that Resonance

proportionally to your efforts from here. Your Light Quotient was around 33% and has risen to approximately 69/70%. So, I can only say congratulations, keep up the fantastic work!! You have so many Gathering around you now, you cannot fail, unless that is, of course, you decide to leave the train!

In Love and Light, Peter.